

Eugen Herrigel

including

Zeninthe Art of Archery with an introduction by D.T. Suzuki,

and

The Method of Zen

\$1.95

Rudolph deHaral



Zen Eugen Herrigel

translated by R.F.C. Hull

including

Zen in the Art of Archery

with an introduction by D.T. Suzuki

The Method of Zen

edited by Hermann Tausend

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Zen Eugen Herrigel

including Zen in the Art of Archery and The Method of Zen

Here for the first time in a single volume are two major Zen classics. Through the concrete experience of archery, understood by Zen Buddhists as religious ritual rather than as sport, Professor Herrigel opens to the western reader the elusive doctrines of Zen. The Saturday Review said of Zen in the Art of Archery: "The volume's sincerity, conviction, and quiet indirection mark a striking contrast to the accelerated, sometimes pulpit-pounding religious books which cover many bookstore counters today."

The Method of Zen further illuminates this important way of life, by contrasting it with European mysticism, explaining its training methods, and exploring the role of Zen in painting, poetry, and practical life. Library Journal called The Method of Zen: "Probably the most lucid popular account yet published in English of the methods and training in Zen Buddhism.... It should give the lie once and for all to the notion that Beatniks

practice Zen...."

