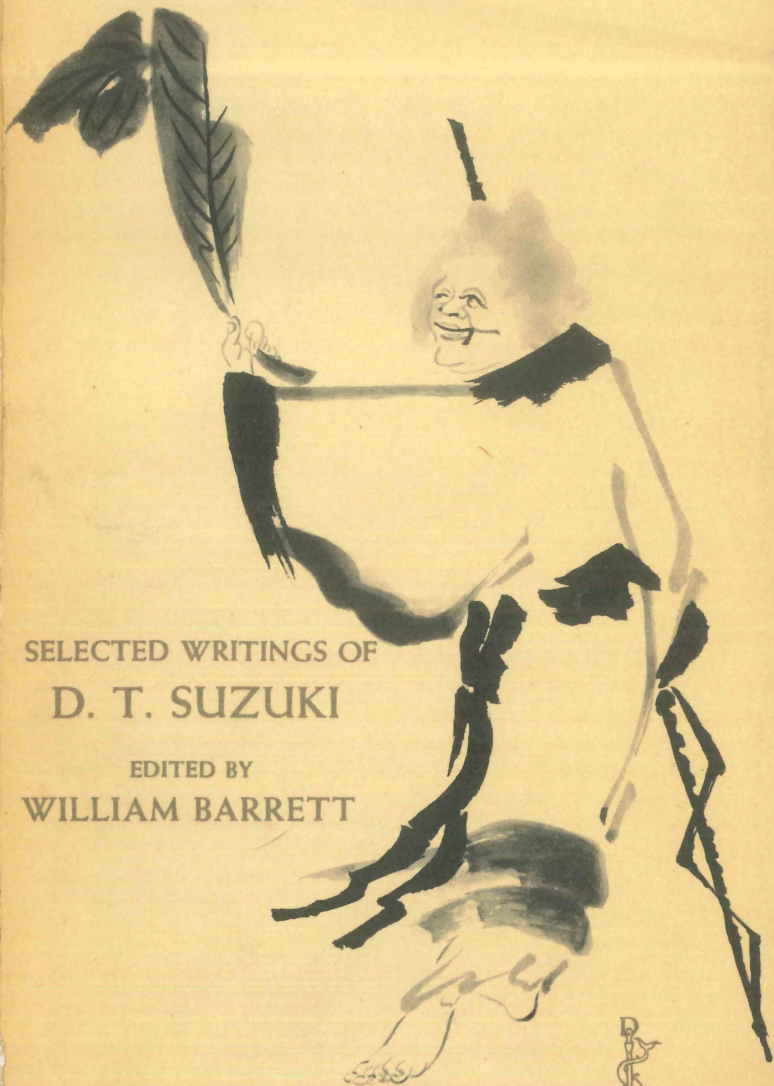


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ZEN BUDDHISM



SELECTED WRITINGS OF
D. T. SUZUKI

EDITED BY
WILLIAM BARRETT

A DOUBLEDAY ANCHOR BOOK



ZEN BUDDHISM

Selected Writings of D. T. Suzuki

EDITED BY WILLIAM BARRETT

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ZEN BUDDHISM

Selected Writings of D. T. Suzuki

Edited by William Barrett

Buddhism crossed from India to China in the 6th century A.D. and confronted the earthy and practical Chinese spirit with the imaginative and speculative spirit of India. The encounter is one of the most extraordinary events in history and makes one of the truly phenomenal chapters in the record of religion and culture. Translated into the Chinese idiom, Buddhism became one of China's most potent spiritual and cultural forces.

One expression of Chinese Buddhism known in China as Ch'an and, when it crossed to Japan in the 12th century as Zen, inspired some of the most beautiful painting, sculpture, and literature that have come from the Far East. Even more it presented to the world a form of religion unique in its emphasis on the freedom and self-realization of the individual. For this reason, Zen Buddhism as it has been discovered by the West in our time emerges as one of the great challenges to Western philosophy, psychology, and religion. The present volume, composed of the work of D. T. Suzuki, Zen's chief exponent in English, and presented to Western readers by William Barrett, is intended to introduce the general reader to the history and spirit of Zen.



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