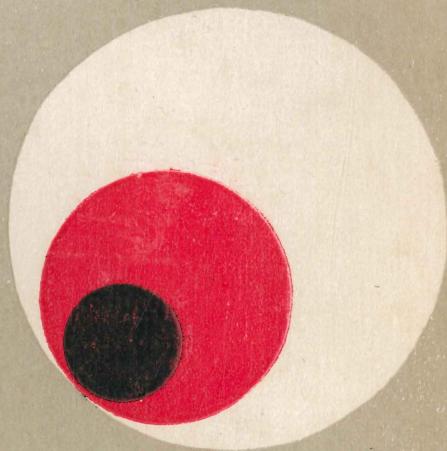


Swami
Sivananda



MIND

Its Mysteries and Control

MIND ITS MYSTERIES AND CONTROL

By

SRI SWAMI SIVANANDA SARASWATI



Published by

The Yoga-Vedanta Forest Academy
[THE DIVINE LIFE SOCIETY]

P.O. Sivanandanagar (via Rishikesh), Dt. Tehri-Garhwal
U.P., Himalayas, India

Price]

1963

[Rs. 6

Published by SWAMI KRISHNANANDA for the Yoga-Vedanta Forest Academy (The Divine Life Society), Sivanandanagar, and printed by him at The Yoga-Vedanta Forest Academy Press, Sivanandanagar, Dt. Tehri-Garhwal, U.P., Himalayas.

| | | | |
|-----------------|---|------|--------------|
| First Edition | : | 1935 | 3,250 copies |
| Second Edition | : | 1938 | 3,000 „ |
| Third Edition | : | 1941 | 3,000 „ |
| Fourth Edition | : | 1946 | 2,000 „ |
| Fifth Edition | : | 1954 | 1,500 „ |
| Sixth Edition | : | 1960 | 2,000 „ |
| Seventh Edition | : | 1963 | 4,000 „ |

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(1000 copies)

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DEDICATED TO
MAHARSHI PATANJALI

Who has shown the
Ways to control Mind
In his "Yoga-Sutras"

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